# AGENDA ITEM 15: HEALTHCARE WORKFORCE IN RURAL AREAS

Jasmeet Kaur Bains, MD April 4, 2019

### Purpose of Today's Presentation

- A Family Medicine Resident's Perspective
- Healthcare Workforce Shortages: More Severe in Rural Areas
- Discussion and Next Steps

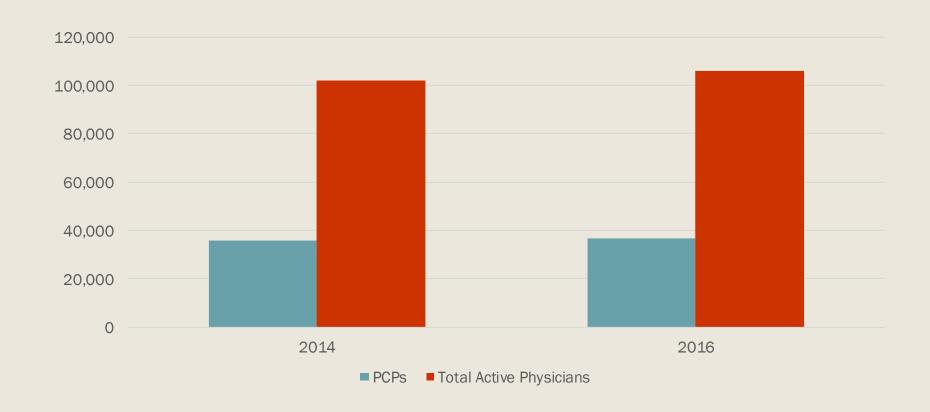
# Family Medicine Physician Training

- Continuity of Care Begins with Primary Care
  - Integrating patient care across all settings including home, long-term care facilities,
    the Clinic, specialty care facilities and inpatient care facilities.
  - Seeing the same patient consistently for follow-up through process of their care plan.
- ACGME Requirements for Family Medicine Residency Training Programs Include:
  - Inpatient hospital care
  - Pediatrics
  - Musculoskeletal Medicine
  - Obstetrics and Newborns
  - Geriatric Care
  - Surgery
  - Gynecology

#### Demand for PCPs

- State Population: 37,913,1444<sup>1</sup>
  - Rural Population: 4,815,309<sup>1</sup>
- Total Licensed Physicians: 163,788²
- Primary Care Physicians: 60,253<sup>2</sup>
- 2:1 Ratio of Specialty Physicians to PCPs
  - The number of primary care physicians has not kept pace with need in the last five years.
- 1. https://www.census.gov/acs/www/data/data-tables-and-tools/data-profiles/2016/
- 2019 Medical Board of California Licensee Data

#### Number of Physicians in California



Source: 2015 and 2017 California Physician Workforce Profile, Association of American Medical Colleges

# Importance of Specialty Training for PCPs

- Increase in Demand for Services
  - Homeless and disabled populations
  - Mental health
  - Substance abuse
- Primary Care represented 12.5% of all resident slots filled in the 2019 National Resident Matching Program Main Residency Match.<sup>1</sup>

1. https://www.aafp.org/medical-school-residency/program-directors/nrmp.html

# Discussion Topics

- Physician-Led Teams
- Rural Healthcare
- Primary Care Quality Improvement

# Questions?